



ALLORAH'S INSIGHTS

November 29, 2010

I find am still in a conversation of sorts with the butterfly and caterpillar from Tim Burton's Alice movie. In Mr. Burton's film the blue caterpillar character was given the name Absalom [Av (father) + (Shalom) peace], which can be translated to mean father of (or) father is peace. I am struck by the idea that the caterpillar is blue as the color blue has been associated with peace. Butterfly has long been representative of the psyche, one form emerging from another. The butterfly image persists for me at this time because I am preparing to emerge from a long metamorphosis. It seems strange that I want to emerge from my chrysalis and fly when I know I am still in the process reforming my energetic structure. I am still re-learning, or rather re-realizing what it means to be me. I read that the caterpillar is able to transform into its butterfly form because of special cellular structures referred to as "image discs." It is believed that these image discs contain the complete image of the entire butterfly on them. These discs reorganize themselves into the form of a butterfly rising out of the caterpillar form. Perhaps there is a soul image disc that serves to help us remember the elements of self which allow us to emerge into our true form. My guess would be that the akashic records contain and transmit the soul image on the spiritual plane and our DNA strands receive and implement those soul images within the physical body. The DNA strands serve as a bridge for the akashic information to come through to our physical reality since DNA strands provide a physical vehicle (an energetic highway between the world of spirit and the physical) for the akashic information to travel upon.

I am excited about what is resurfacing from the depths of my being; and about what is possible for me in the future. As I continue to integrate the newly available parts of myself, I am better able to move through this transition. Not every day is an easy day but I find that I am able to sort out whatever is presented with a sense of peace which allows me to recover from things that bump and bruise. When I stated that I am excited about what is coming up, I did not mean to imply that the process is happy go lucky. On the contrary, some of the information is intensely painful, involving past violations that I am only now ready and able to deal with. At the same time the information provides me profound insight because it makes me conscious of the knowledge I need to access the wisdom to gain clarity about behaviors that have been so ingrained I didn't even realize I was doing them or why I was doing them.

When we become conscious of a thing we can command it. As we become self-aware accurately and with loving acceptance of who we are (as both a spiritual and physical being), we gain the knowledge, wisdom and ability to have command of ourselves. To command a thing or

a person (even ourselves) does not rule out free will. A command is simply a request made with authority. When Sovereigns and other leaders give a command they do so with the authority of their position and then they must rely upon those whom they have commanded to carry out the deed. Free will means that our first response to said command is to consider whether following the command is appropriate and also what effect will it have on our energy field. We must ask ourselves, "Is this a personally constructive or destructive? Will I compromise my integrity to do this thing?" Furthermore, living consciously means that we are also called to consider how the action will affect the world around us, even including the one who gave the command. That can mean that we must go back to our commander and enlighten them to potential effects they may not have considered or addressed. Sometimes we must refuse to carry out the command. This combination of consciousness and free will means that we are accountable for our choices and we know it. We are always accountable; ignorance of the law does not relieve us of accountability.

The butterfly is a long way from the caterpillar in appearance and ability. To the naked eye they are two completely different creatures. In reality, neither form can exist without the other. The caterpillar is amazing in part because it becomes the butterfly. The butterfly is amazing because it emerged from the caterpillar to take flight. The butterfly captures our imagination and inspires us to transform ourselves and fly too. We are all blessed with this metamorphic ability; we are all extraordinary no matter the form we take. We create ourselves out of the sum of our experiences. What are you going to do with your image disc?

Namaste,
Allorah